

Who am I? 15 min



ACTION PLANNING FOR FORB

DRAW AND SHARE
PLENARY EXERCISE

About the exercise

TARGET AUDIENCE

Best suited to grassroots-level groups/faith communities, civil society organisations, human rights defenders and faith leaders.

PURPOSE

To help participants identify where and how they could work to protect and promote freedom of religion or belief (FORB) in their everyday lives.

DESCRIPTION

In this exercise, participants draw their personal and professional networks and imagine the role they could play to promote FORB within those settings.



Instructions

RESOURCES

- Flipchart sheets and marker pens for each participant.

This exercise is available in multiple languages in the facilitators guide to the Local Changemakers Course, Session 6. www.forb-learning.org/changemakers-languages.

HOW TO INTRODUCE THE EXERCISE 1 MIN

Give everyone a flipchart sheet and a flipchart/colouring pen. Explain the following: We are all part of a community in which we have lots of relationships and play different roles – for example, in our families, workplaces or faith communities, and in our networks of friends and acquaintances.

HOW TO RUN THE EXERCISE 10 MIN

Explain the following:

We are going to try drawing our personal networks. Draw yourself in the centre of the paper and then draw your networks on different parts of the paper.

That could be:

- Family and friends.
- Your workplace and colleagues/school and schoolmates.
- Your faith community, and any other community groups you belong to – perhaps through a hobby like a sports team, or women’s group. They could be formalised groups or just informal networks.
- Your network on social media.

For each of the groups or networks you identify, think about the kind of role you could play to promote freedom of religion or belief in or through that setting. You have 10 minutes.

HOW TO CONCLUDE THE EXERCISE 4 MIN

Ask everyone to stand in a ring and hold up their drawings. Make comments about how rich and interesting the pictures are – and how they illustrate the many different roles we play in life and the opportunities we have to protect and promote the right to FORB for all. (If you have time, you can extend this exercise to include a round of sharing, asking each person to share one way in which they think they could promote FORB.)



'Who am I?'

“The Bystander-Healer and Who am I exercises generated mixed feelings. There was sorrow at the realization of how often we have been bystanders, including on social media. But learning about all the concrete tactics we can use gave a lot of hope as to how we can change and become proactive changemakers. There was a strong sense of commitment to using the tactics in the group.”

UKOHA NGWOBIA, FACILITATOR, NIGERIA